

The Coaches Bench

July 24, 2009 my life changed forever. I delivered a beautiful, healthy ten pound, nine ounce baby boy named Potter. I now have my own child to love, teach and watch grow. Don't get me wrong, being "Coach Ali" is a very rewarding job. I have a couple hundred children who I am told talk about me at home, give me great hugs and love coming to my classes. Only now, everything that I have been teaching to your children, I can finally teach to my own!

To give you a better understanding of why your children should take a class here at Little SPORT, I would like to share my experience with you. When Potter turned four months old I started taking Coach Kathleen's Jumper (6 - 18 months) class on Friday mornings at 9:30. I knew that Potter was not yet age appropriate for this class, but I enjoy sitting in on my coaches classes and thought it would be fun to finally get to participate as a parent. Potter loved watching the children, listening to Coach Kathleen, playing with the balls and learning to pop the bubbles. I loved watching his face light up as he went for his first ride on the parachute. The week when Potter starting crawling, at around six and a half months old, I knew that we had hit the nail on the head with our SPORTBaby program. Potter knew exactly what to do. For example, when Coach Kathleen told the babies to find home plate, he crawled right to it, just behind his best buddy Brody (Jen's son), of course. When the tunnel came out, he crawled right thru it. I was amazed! I've seen tons of babies crawl thru that tunnel, but now it was my baby and it was such a great feeling. Potter is now nine months old and I cannot believe how fast he is growing. He is now able to clap and in turn is beginning to sign the word "more." So, thank you Coach Kathleen for teaching Potter how to ask for "more" when he so anxiously awaits the bubbles at the end of class. I cannot believe how much Potter has learned in five months. I am excited to watch him grow in the Little SPORT program and to see his face after he has completed his first team building activity as an All-Star.

Over the past five years we have worked to creatively develop a curriculum that benefits your child's self-esteem, social and motor skills. Our program offers twelve classes of creative learning through sports, as well as the added benefit of twelve to fourteen weeks of play for your family in our amazing sports arena. Classes begin with babies as young as six months up until your child reaches first grade. Each class is designed specifically to meet the developmental needs of your children.

Our SPORTBaby (6months - 2 ½ years old) program promotes your child's innate abilities to kick, hit and throw and introduces colors and baby sign language. Our SPORTKid (2 ½ - 6 years old) program starts off by promoting separation in our MVP (2 ½ - 3 ½ years old) class. In this class the parent is there to help when the child needs help and when they can do it on their own the parent is there to cheer them on. The MVP class is a transitional class to our drop off classes which begin when the child is three and a half. The All-Stars (3 ½ - 4 ½ years old) and Olympians (4 ½ - 6 years old) start to become a part of a real team. These children learn that when you are on a team in order to accomplish goals the children must work together. Weekly sports and team building activities are designed to insure that the children succeed and learn that they can do anything that they put their minds to.

On May 11th we begin our two week only “priority enrollment” for our Fall trimester classes. During this two week time period, not only will you receive at least a 10% discount off your class*, you will also have access to our Arena seven** days a week from now until November. That is a six months of play valued at \$150 for FREE!!!

I strongly encourage you to sign up during “priority enrollment” so that you don’t miss out on this great opportunity for your child. Better yet, sign up for a FREE trial class and let the classes speak for themselves. Call now, classes are filling up, we only take twelve children per class.