



# KidFit

PROMOTING FITNESS  
THROUGH PLAY  
– *On the road!*

**Our mission is to develop healthy, joyful, respectful children...  
One PLAY at a time!**

**For active crawlers – 2 ½**

- Songs, creative movement, parachute play & bubbles...
- Sign language integration...
- Weekly color focus with balls, bean bags & balloons!

**For 2-6 (modified per age group)**

- Creative stretching that includes counting, learning positive touch & speaking in front of peers...
- Imaginative agilities to learn new moves while transforming into animals...
- Innovative games to work on memory building ...
- Fun parachute play and bubble games!

Little SPORT would love to work with you to  
**bring our KidFit Program to your school!**  
Please contact Jen Leonard at 234.6445 for more information.



Specializing in classes, parties and play!  
856.234.6445

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